








# Sheridan Green Office At-Home Pilot Program: Green Resources

Category	Resources and Tips
 <b>Waste Reduction</b>	
<p>I sort food and other organic waste into a compost bin (according to my city's waste guidelines).</p>	<ul style="list-style-type: none"> <li>• Head to your city's website on waste and learn about what you can compost at home.</li> <li>• If your city does not have compost bins, try learning how to <a href="#">create one yourself</a>.</li> </ul>
<p>I rinse out containers and recycle them when possible (according to my city's waste guidelines).</p>	<ul style="list-style-type: none"> <li>• Learn about <a href="#">plastic waste</a> and how you can sort it once you're back at Sheridan.</li> <li>• Head to your city's waste page on their website and learn which plastics you can and cannot recycle at home.</li> </ul>
<p>I save e-waste and batteries to dispose of properly</p>	<ul style="list-style-type: none"> <li>• Learn about <a href="#">e-waste recycling at Sheridan</a>, and how you can dispose of it properly.</li> <li>• Visit a drop-off location in your municipality:               <ul style="list-style-type: none"> <li>✓ Find locations on <a href="#">Electronics Recycling in Ontario's Website</a>.</li> <li>✓ Or, bring e-waste to a community waste drop off event or location in your municipality (<a href="#">Halton Region</a>, <a href="#">Peel Region</a>, and <a href="#">Toronto</a>). Make sure to check to see if they have resumed with accepting special waste.</li> </ul> </li> </ul>
 <b>Energy Conservation</b>	
<p>I use natural lighting whenever possible.</p>	<ul style="list-style-type: none"> <li>• Check out some of the benefits of working using <a href="#">natural light</a>.</li> </ul>
<p>I power off my computer and unplug it at the end of each day.</p>	<ul style="list-style-type: none"> <li>• Ensure you have the power-down feature set up on your computer through your operating system software. The <a href="#">Energy Star site</a> guides you how to activate the power management.</li> </ul>

		<ul style="list-style-type: none"> <li>If your computer equipment is connected to a power strip, turn off the switch on the power strip to prevent it from drawing power even when shut off. If you don't use a power strip, unplug extra equipment when it is not in use.</li> </ul>
I save energy by using natural ventilation (e.g., opening windows, using a fan, closing the curtains) to control temperatures.		<ul style="list-style-type: none"> <li>Learn ways to use less energy and stay cool this summer with <a href="#">six easy tips</a>.</li> </ul>
	<b>Water Conservation</b>	
I make sure to be conscious of my water use throughout the day by not leaving the tap running in the washroom/kitchen.		<ul style="list-style-type: none"> <li>Save water by being conscious of your water use (e.g. for laundry, dishwashing, etc.).</li> <li>Find new ways to manage your water around all areas of your home- like fixing leaky faucets and using your dishwasher wisely (more tips <a href="#">here</a>).</li> </ul>
I choose to water my garden in the morning or later in the day (to prevent water from evaporating).		<ul style="list-style-type: none"> <li>Try using a rain barrel or other ways to collect rain water to use to water your plants in your backyard or balcony (see Toronto Region Conservation Authority's <a href="#">How to set up a rain barrel and harvest rainwater</a>; or simply place small containers on your balcony to water your balcony or indoor plants)</li> </ul>
	<b>Wellness</b>	
I take breaks such as going for a walk, observing wildlife, gardening, watering plants, or other wellness activities.		<ul style="list-style-type: none"> <li>Find unique ways to connect with nature at home, like trying out a new nature app, <a href="#">here</a>.</li> <li>Learn about Sheridan's Biodiversity projects, native plants you can plant in your garden, and the importance of biodiversity <a href="#">here</a>.</li> <li>Learn how you can become a citizen scientist and learn about birds, plants, and pollinators in a few simple steps <a href="#">here</a>.</li> </ul>
	<b>COVID-19/Additional Initiatives</b>	

<p>I use eco-friendly cleaning products at home (e.g. handwash soap)</p>	<ul style="list-style-type: none"> <li>• Try this a DIY all-purpose cleaner from <a href="#">David Suzuki's Queen of Green</a>.</li> </ul>
<p>I have calculated and am aware of my carbon footprint while at home</p>	<p>Try one of the following calculators:</p> <ul style="list-style-type: none"> <li>• <a href="#">Carbonfootprint.com</a></li> <li>• <a href="#">Earthday.org "Foodprint" calculators</a></li> <li>• <a href="#">Ecological Footprint Calculator</a></li> <li>• Check out Mission Zero's at-home tips for reducing your carbon footprint on our <a href="#">Facebook page</a>.</li> </ul>
<p>I have volunteered my time to help the community (e.g. I have made face masks and donated them to the community or have tried a new green practice (e.g., riding my bike to get groceries instead of driving).  <b>If yes, describe your green practice here (up to 2 practices which are 2 points each, for 4 points maximum):</b>  <b>1:</b>  <b>2:</b></p>	<ul style="list-style-type: none"> <li>• Consider joining a Sheridan Green Team! Green Teams are made of staff members who meet regularly to discuss how to raise awareness of sustainability on campus. <a href="#">Click here</a> for more information.</li> <li>• Try a <a href="#">DIY cloth face mask tutorial</a> from Jung-Hee, a Repair Café Toronto sewing fixer!</li> </ul>