

Sheridan Wildflower Garden

Native Wildflowers

Asclepias incarnata (Swamp Milkweed)



- Leaf: Opposite leaf arrangement with lance shaped leaves. The leaves exposed to full sun are often purplish toward the end of the growing season.
- Plant height: 60 to 150 cm tall
- Flowers/Fruit: The colour is generally light pink to light purple, and there are usually 20 +/- flowers per cluster
- Flowering period: July to August (Mid season)
- Water: High
- Ontario native: Yes
- Attracts: Monarch Butterfly, Cuckoo Bees, Leafcutter Bees
- Other notes: Perennial. Sticky pollen sacs known as pollinia attach to the legs of large bees
- References:
 - <https://cvc.ca/wp-content/uploads/2017/04/17-uo-nativeplantsforpollinators-booklet-v8-web.pdf>
 - https://www.wildflower.org/plants/result.php?id_plant=ASIN

Asclepias syriaca (Common Milkweed)



- Leaf: Opposite leaf arrangement with oblong, ovate shaped leaves. The top of the leaves is a rich, vibrant green which contrasts with the lighter green on the underside. Leaf pairs generally have small petioles.
- Plant height: 90 to 150 cm tall
- Flowers/Fruit: The colour is generally light pink to light purple, and there are usually 30 +/- flowers per cluster, and 3 +/- clusters per stem
- Flowering period: June to August (Mid season)
- Water: Dry to medium
- Ontario native: Yes
- Attracts: Monarch Butterfly, Cuckoo Bees, Leafcutter Bees
- Other notes: Perennial. Sticky pollen sacs known as pollinia attach to the legs of large bees
- References:
 - <https://cvc.ca/wp-content/uploads/2017/04/17-uo-nativeplantsforpollinators-booklet-v8-web.pdf>
 - https://www.wildflower.org/plants/result.php?id_plant=ASSY

Asclepias tuberosa (Butterfly Weed)



- Leaf: Opposite leaf arrangement with oblong, ovate shaped leaves. The top of the leaves is a rich, vibrant green which contrasts with the lighter green on the underside. Leaf pairs generally have small petioles.
- Plant height: 90 to 150 cm tall
- Flowers/Fruit: Yellow, orange bloom colour. Flowers give way to prominent, spindle-shaped seed pods which split open when ripe releasing numerous silky-tailed seeds for dispersal by the wind.
- Flowering period: June to August (Mid season)
- Water: Dry to medium
- Ontario native: Yes
- Attracts: Monarch Butterfly, Cuckoo Bees, Leafcutter Bees
- Other notes: Perennial. Sticky pollen sacs known as pollinia attach to the legs of large bees
- References:
 - <https://www.missouriherbarium.org/PlantFinder/PlantFinderDetails.aspx?kempercode=b490>
 - <https://cvc.ca/wp-content/uploads/2017/04/17-uo-nativeplantsforpollinators-booklet-v8-web.pdf>

Coreopsis lanceolata (Lance-leaved Coreopsis)



- Leaf: Narrow, hairy, and entire lance-shaped leaves which appear primarily at the base of the plant.
- Plant height: 25 to 60 cm tall
- Flowers/Fruit: Yellow, daisy-like flowers with 8 yellow petals and flat yellow centre disks.
- Flowering period: May to July (Early and mid season)
- Water: Dry to medium
- Ontario native: Yes
- Attracts: Orange Sulphur Butterfly, Viceroy Butterfly, Miner Bees, Small Carpenter Bees
- Other notes: Perennial. Large flower head with easy access to nectar for pollinators
- References:
 - <https://www.missouribotanicalgarden.org/PlantFinder/PlantFinderDetails.aspx?kempercode=j880>
 - <https://cvc.ca/wp-content/uploads/2017/04/17-uo-nativeplantsforpollinators-booklet-v8-web.pdf>

Echinacea pallida (Purple Coneflower)



- Leaf: Narrow, toothless, dark green leaves at the base only
- Plant height: 60 to 90 cm tall
- Flowers/Fruit: Pale-purple or pink, daisy-like flowers with knob-like, brown/orange centre disks.
- Flowering period: June to August (Mid season)
- Water: Dry to medium
- Ontario native: Yes
- Attracts: Black Swallowtail Butterfly, American Lady Butterfly, Long-horned Bees, Mining Bees
- Other notes: Perennial. Large flower head creates landing pad
- References:
 - <https://www.missouribotanicalgarden.org/PlantFinder/PlantFinderDetails.aspx?kempercode=c570>
 - <https://cvc.ca/wp-content/uploads/2017/04/17-uo-nativeplantsforpollinators-booklet-v8-web.pdf>

Liatris spicata (Dense Blazing Star)



- Leaf: Narrow, toothless leaves. Stem leaves gradually decrease in size toward the top.
- Plant height: 60 to 90 cm tall
- Flowers/Fruit: Vibrant purple, small, tube and spike flowers
- Flowering period: July to September (Mid and late season)
- Water: Dry to medium
- Ontario native: Yes
- Attracts: Monarch Butterfly, Peck's Skipper Butterfly, Bumble Bees, Leafcutter Bees
- Other notes: Perennial. Abundance of nectar attracts butterflies.
- References:
 - <http://www.missouribotanicalgarden.org/PlantFinder/PlantFinderDetails.aspx?kempercode=d780>
 - <https://cvc.ca/wp-content/uploads/2017/04/17-uo-nativeplantsforpollinators-booklet-v8-web.pdf>

Veronica spicata (Speedwell or Royal Candles)



- Leaf: Narrow, toothed, linear to lanceolate leaves
- Plant height: 20 to 30 cm tall

- Flowers/Fruit: Vibrant blue-purple, small, tube and spike flowers
- Flowering period: June to August (Mid season)
- Water: Medium
- Ontario native: No
- Attracts: Bees, Butterflies
- Other notes: Perennial.
- References:
 - <https://plants.usda.gov/core/profile?symbol=VESP80>
 - <http://www.missouribotanicalgarden.org/PlantFinder/PlantFinderDetails.aspx?kempercode=a314>

Iris versicolor (Blue Flag Iris)



- Leaf: Clump of narrow, erect, sword-shaped blue-green leaves
- Plant height: 60 to 80 cm tall
- Flowers/Fruit: Blue-purplish, three-petaled flowers with a central yellow central blotch surrounded by white
- Flowering period: May to June (Early season)
- Water: Medium to high
- Ontario native: Yes
- Attracts: Bees, Butterflies

- Other notes: Perennial.
- References:
 - <http://www.missouribotanicalgarden.org/PlantFinder/PlantFinderDetails.aspx?taxonid=281141>

Tradescantia ohiensis (Spider Wort)





- Leaf: Clump of dark bluish-green grass-like leaves up to 20 to 30 cm long which are folded lengthwise forming a groove
- Plant height: 60 to 90 cm tall
- Flowers/Fruit: Clusters of deep-blue or fuchsia three-petaled flowers
- Flowering period: May to July (Early and mid season)
- Water: Dry to medium
- Ontario native: Yes
- Attracts: Long tongued Bees, Butterflies
- Other notes: Perennial.
- References:
 - <https://www.missouribotanicalgarden.org/PlantFinder/PlantFinderDetails.aspx?kempercode=r820>

Geranium maculatum (Wild Geranium)



- Leaf: Deeply cut, palmately 5-lobed, dark green leaf
- Plant height: 30 to 60 cm tall
- Flowers/Fruit: Lilac, pale or deep pink five-petaled, upward facing flowers. Flowers give way to distinctive, beaked seed capsules
- Flowering period: April to May (Early season)
- Water: Medium
- Ontario native: Yes
- Attracts: Mining Bees, Sweat Bees, White-marked Tussock Moth (** USES PLANT AS HOST)
- Other notes: Perennial. Dark lines on petals act as nectar guides.
- References:
 - <https://cvc.ca/wp-content/uploads/2017/04/17-uo-nativeplantsforpollinators-booklet-v8-web.pdf>
 - <https://www.missouribotanicalgarden.org/PlantFinder/PlantFinderDetails.aspx?kempercode=c850>

Penstemon digitalis (Foxglove Beardtongue)



- Leaf: Basal leaves are elliptic and stem leaves are lance-shaped to oblong.
- Plant height: 60 to 120 cm tall
- Flowers/Fruit: White, spike and tube-like flowers.
- Flowering period: September to February (Winter Season)
- Water: Dry to medium
- Ontario native: Yes
- Attracts: Long-tongues bees and butterflies. Small Carpenter Bees, Mason Bees, American Copper Butterfly
- Other notes: Perennial.
- References:
 - <https://cvc.ca/wp-content/uploads/2017/04/17-uo-nativeplantsforpollinators-booklet-v8-web.pdf>
 - <https://www.missouribotanicalgarden.org/PlantFinder/PlantFinderDetails.aspx?kempercode=g590>