

**Medicine Wheel Garden**

**WHITE**

*Penstemon digitalis* (Foxglove Beardtongue)





- Leaf: Basal leaves are elliptic and stem leaves are lance-shaped to oblong.
- Plant height: 60 to 120 cm tall
- Flowers/Fruit: White, spike and tube-like flowers.
- Flowering period: April to June (Early Season)
- Water: Dry to medium
- Ontario native: Yes
- Attracts: Long-tongued bees and butterflies. Small Carpenter Bees, Mason Bees, American Copper Butterfly
- Other notes: Perennial
- References:
  - <https://cvc.ca/wp-content/uploads/2017/04/17-uo-nativeplantsforpollinators-booklet-v8-web.pdf>
  - <https://www.missouribotanicalgarden.org/PlantFinder/PlantFinderDetails.aspx?kempercode=g590>

*Achillea millefolium* (Yarrow)



- Leaf: Fern-like, aromatic, medium green foliage
- Plant height: 60 to 90 cm tall
- Flowers/Fruit: White, tiny flowers that appear in dense, compound clusters
- Flowering period: July to September (Mid Season)
- Water: Dry to medium
- Ontario native: Yes
- Attracts: Butterflies, Wasps, Flies

- Other notes: Perennial
- References:
  - <http://www.missouribotanicalgarden.org/PlantFinder/PlantFinderDetails.aspx?kemperc ode=b282>

*Antennaria neglecta* (Pussytoes)



- Leaf: Basal leaves have a pointed tip, curved edges, a narrow-tapered base and a single vein underneath. The stemmed leaves are smaller and linear.
- Plant height: 15 to 30 cm tall
- Flowers/Fruit: White, fuzzy disk flowers (petal-like rays absent)
- Flowering period: April to June (Early Season)
- Water: Dry to medium
- Ontario native: Yes
- Attracts: Butterflies, Bees, Flies, American Painted Lady Butterfly Caterpillar **\*\*HOST**
- Other notes: Perennial. Stems, leaves and clustered flower heads are woolly.
- References:

- <http://www.missouribotanicalgarden.org/PlantFinder/PlantFinderDetails.aspx?kemperc ode=b282>